# Christian Gallo Delgado

*The Formula. The Object. The Business.*

SELF-TAUGHT POLYMATH · PACKAGING DESIGNER · BOTANICAL FORMULATOR · SOLOPRENEUR



PLATE 01 · Christian Gallo Delgado (Sony Alpha 1 II, 85mm natural light · frame DSC06891)




PLATE 02 · Meru Gold-Plated Pocket Compact ($2.70 factory unit cost, Dongguan · Sony A7R II)




PLATE 03 · Interior Upanishad-Etched Mirror & 50 Compressed Shilajit Tablets (Sony A7R II)

**~$7M**
**CUMULATIVE SALES**
Founder-reported LifeForce Liquids Corp. DTC sales across brands since 2020

**$0 / 0**
**INVESTORS & W-2 STAFF**
100% founder-owned; operates with co-packers, factories & contractors

**$320.4K**
**21 PACKAGING POS**
Combined packaging & component purchases across 6 substrates (2024–2026)

**$2.70**
**PER GOLD COMPACT**
15,000 magnetic Meru tins produced across 3 × 5,000 runs in Dongguan

**PART I · 60-SECOND EXECUTIVE BRIEF (PAGES 2–3)**
Experience-led overview for assigning editors: 4-pillar multidisciplinary profile, 4 desk-ready story angles, active 6-SKU lineup, and copy-ready 50-word & 150-word bios.

**PART II · DETAILED PORTFOLIO & VERIFICATION LEDGER (PAGES 4–8)**
Deep dives for feature writers & fact-checkers: 6-substrate packaging architecture, botanical extraction & low-dose formulation, solo operations, ring calisthenics, and primary-record table.

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OVERVIEW FOR ASSIGNING EDITORS & PRODUCERS

# One Founder Across the Formula, the Object & the Business

**Christian Gallo Delgado (31)** is the founder of **Hermetica Superfoods** and a hands-on Southern California solopreneur whose work connects self-taught botanical formulation, custom structural packaging, direct overseas manufacturing relationships, and AI-assisted business systems. Since starting from a backyard citrus juicer in Laguna Beach in spring 2020, his California corporation, **LifeForce Liquids Corp.**, reports roughly **$7 million in cumulative direct-to-consumer sales** across brands with **zero outside investors and zero full-time W-2 employees**.

**The feature proposition:** follow a single product through its founder's decisions—what goes inside it, why the dose is restrained, how a $2.70 gold-plated magnetic pocket compact is engineered directly with a Dongguan metal factory, and how years of natural-health study and injury-adapted ring calisthenics shaped the person making those decisions.

## THE FOUR-PILLAR COMPETENCE PROFILE

PILLAR 01 · PACKAGING ARCHITECTURE

### The Object: Structure Across 6 Substrates

Works directly with factories in Dongguan, Guangzhou, Wuxi & Shenzhen across metal compacts, rigid paperboard cylinders, mirror-inlay boxes, electroplated glass, pocket atomizers & multilayer barrier films ($320,458 combined packaging purchases across 21 POs; ~$107K Hermetica 2026).

PILLAR 02 · BOTANICAL FORMULATION

### The Formula: Synergy, Palatability & Restraint

7–10 years of self-directed study in herbalism, botanical extraction, alkaloid-bearing plants, and pectin bitterness masking (including coursework at Farida Sharan's School of Natural Medicine). Formulates gummies, compressed tablets, capsules, powders, juices & sprays.

PILLAR 03 · SOLOPRENEUR EXECUTION

### The Business: Nextdoor Citrus to ~$7M Solo

Began in spring 2020 harvesting surplus Laguna Beach backyard citrus posted on Nextdoor and pairing raw juices with personal-training sessions. Coordinates domestic GMP co-packers, overseas tooling, regulatory labeling, e-commerce, and AI-assisted workflows.

PILLAR 04 · PHYSICAL DISCIPLINE

### The Practice: Injury-Adapted Ring Training

Former personal trainer whose serious motorcycle wrist injury forced him to abandon fixed-barbell lifting and rebuild daily upper-body strength around freely rotating wooden gymnastic rings, bodyweight leverage, and connective-tissue recovery.

## FOUR READY-TO-ASSIGN EDITORIAL ANGLES

| | |
|---|---|
| PACKAGING & DESIGN | **From Flexible Pouch to $2.70 Gold Pocket Compact:** How a solo founder worked directly with Dongguan Sunecho Metal Manufacture Co., Ltd. over four months to re-house *Meru* shilajit tablets inside a magnetic compact with an Upanishad-etched mirror across 15,000 units. |
| BOOTSTRAPPED BIZ | **The Zero-Employee Consumer Product Studio:** Building LifeForce Liquids Corp. from neighborhood cold-pressed citrus in Laguna Beach (2020) to ~$7M in founder-reported cumulative sales using contractors, co-packers, and AI workflows rather than venture capital. |
| FORMULATION CRAFT | **Restrained Dosing & Confectionery Chemistry:** Formulating *Hush* at 0.35 mg melatonin per gummy across 65,200 rigid nightstand cylinders (including a documented $4,530 base reprint to align the 1-gummy label) and balancing 30,000 mg of bitter shilajit in *Deva*. |
| SOCAL PROFILE | **Palisades, Laguna & Classical Study:** Raised between Pacific Palisades and Laguna Beach (*LBHS '13*; featured in the *Orange County Register*, Sept. 11, 2013), shaped by teenage years in Brazil and Italy, classical texts, and daily wooden-ring calisthenics. |

ACTIVE PRODUCT PORTFOLIO (HERMETICASUPERFOODS.COM)

# Six Botanical SKUs Across Compacts, Cylinders & Barrier Pouches




### Meru Shilajit
$55 · 50 Tablets

500 mg Dolpa Himalayan shilajit + 200 mg Mentha piperita + 50 mg camu camu per 2-tablet serving in a gold-plated magnetic compact.




### Hush Sleep
$40 · Gummies

Low-dose 0.35 mg melatonin per gummy + L-theanine, chamomile, passionflower, lemon balm, tart cherry & magnesium in a rigid cylinder.




### Deva Shilajit
$60 · 60 Gummies

30,000 mg total Himalayan shilajit per NFC foil barrier pouch, bitterness-balanced with Madagascar Vanilla Spice, amla & pomegranate.




### Eternity
$50 · 60 Gummies

9-botanical longevity gummy combining fruiting-body mushroom extracts with astragalus, he shou wu, resveratrol & wild blueberry.




### Blue Crush
$60 · 60 Gummies

Deep-sea marine-sourced collagen pectin gummies formulated with botanical co-factors in a custom metallic-accent barrier pouch.




### Cozy Chai
$45 · 30 Servings

Vanilla Spice Cream vegan, caffeine-free adaptogenic herbal chai beverage powder in a matte-and-foil stand-up barrier pouch.

COPY-READY EDITORIAL BIOS (FACT-RECONCILED FOR IMMEDIATE USE)

50-WORD SHORT BIO (BYLINES · AWARD CREDITS · PODCAST INTROS)

Christian Gallo Delgado is a Southern California structural packaging designer, self-taught botanical formulator, and founder of Hermetica Superfoods (LifeForce Liquids Corp.). Working directly with overseas metal and paperboard factories without outside investors or agencies, he designs reusable vessels—including the $2.70 gold-plated magnetic Meru pocket compact—paired with restrained daily botanical formulas.

150-WORD STANDARD BIO (EDITORIAL PROFILES · SPEAKER PROGRAMS)

Christian Gallo Delgado (31) is the founder, packaging designer, and botanical formulator behind Hermetica Superfoods (LifeForce Liquids Corp.). Raised between Pacific Palisades and Laguna Beach with formative time in Brazil and Italy, he started his first cold-pressed juice operation in spring 2020 using surplus neighborhood citrus sourced on Nextdoor while coaching personal-training clients. Since 2020, LifeForce Liquids Corp. reports ~$7 million in cumulative direct-to-consumer product sales across brands with zero outside investors and zero full-time employees, working alongside specialized contractors, domestic GMP co-packers, and overseas manufacturers. In 2026, Delgado designed Hermetica's six-SKU lineup—including Meru, a $2.70 gold-plated magnetic pocket compact housing 50 Himalayan shilajit tablets beneath an Upanishad-etched mirror (15,000 units produced across three Dongguan runs), and Hush, a 0.35 mg melatonin gummy in 65,200 rigid nightstand cylinders.

*"I'm a solopreneur, a packaging designer, and a botanical formulator. I taught myself extraction and gummy development, learned to work across materials and manufacturers, and built the systems around the products. My background isn't just reading about these subjects—it's learning how to make physical objects with them."*

— CHRISTIAN GALLO DELGADO · PROPOSED FIRST-PERSON FOUNDER INTRODUCTION

DEEP DIVE 01 · STRUCTURAL HARDWARE & DIRECT FACTORY ECONOMICS

# Packaging as a Collectible Object, Not Commodity Stock Plastic

Delgado treats packaging as an industrial design discipline—specifying hinges, magnet pull force, cavities, mirror inlays, rigid board tolerances, and barrier films directly with manufacturers in Dongguan, Guangzhou, Wuxi, and Shenzhen rather than hiring outside packaging agencies.

| COMBINED PACKAGING SPEND | HERMETICA 2026 RUNS | MERU COMPACT UNIT COST | HUSH RIGID CYLINDERS |
|---|---|---|---|
| **$320,458 (21 POs, '24–'26)** | **~$107,000 Direct Factory** | **$2.70 / Tin (15,000 Units)** | **65,200 Tubes (~$0.59 Avg)** |

## Case Study: Meru Gold-Plated Compact (Feb → Jun 2026)

When Hermetica launched *Meru* compressed Himalayan shilajit tablets in February 2026, the product shipped in a standard stand-up barrier pouch. Delgado spent the next four months working directly with **Dongguan Sunecho Metal Manufacture Co., Ltd.** to re-engineer the package into a reusable pocket vessel.

- **Hardware & Magnetic Closure:** Gold-plated embossed metal shell featuring a raised sacred-geometry medallion lid, friction hinge, and **dual recessed neodymium (NdFeB) magnets** calibrated for pocket carry and single-thumb opening.
- **Interior Mirror Inscription:** Inside the upper lid sits a mirror etched with *Brihadaranyaka Upanishad* 4.4.5: *"You are what your deep, driving desire is."*
- **Documented Unit Economics:** Negotiated at a 2,500-unit factory MOQ and produced across three 5,000-unit orders (**15,000 compacts total**) at **$2.70 per compact** ($13,500 per 5,000-unit run), housing 50 compressed tablets ($55 retail).

## Six Material Substrates Across LifeForce Liquids

Across 21 commercial purchase orders (July 2024 – October 2026) totaling $320,458 in combined packaging and component purchases across brands, Delgado's portfolio spans six physical formats:

- **01 · Embossed Metal Compacts:** Gold-plated hinged pocket tins with recessed magnet wells and etched mirrors (Dongguan).
- **02 · Telescoping Paperboard Cylinders:** 65,200 rigid nightstand cylinders + 68,800 inner mylars for *Hush*—including a documented $4,530 base reprint when refining the 1-gummy serving panel.
- **03 · Mirror-Inlay & Foil Rigid Boxes:** Multi-piece presentation boxes with custom inserts and hot-foil stamping (Guangzhou & Dongguan).
- **04 · Electroplated Glass & Pocket Atomizers:** UV-protective glass vessels and twist-up pocket spray hardware (Wuxi).
- **05 · Multilayer & NFC Barrier Pouches:** Matte, metallic, and NFC-enabled foil pouches (*Deva*, *Eternity*, *Blue Crush*, *Cozy*).
- **06 · Dosage Presentation:** Scored compressed tablets, pectin chews, and induction-sealed freshness systems.




PLATE 04 · Orthographic two-view studio plate showing Meru medallion lid & Supplement Facts base label.



PLATE 05 · Macro of recessed neodymium magnet & compressed tablets (Sony A7R II).




PLATE 06 · Hush rigid telescoping paperboard nightstand cylinder on walnut (Sony).

DEEP DIVE 02 · INGREDIENT PAIRING, BITTERNESS MASKING & RESTRAINED DOSING

# Formulation Beyond the Stock Co-Packer Ingredient List

Inside the vessel is the second half of Delgado's work: teaching himself botanical extraction, studying alkaloid-containing materials and mushroom extracts, and solving pectin bitterness so daily formulas remain palatable without heavy glucose syrup or megadosing.

## Self-Directed Extraction & Synergy Logic

Delgado's formulation work grew out of seven to ten years of independent reading and hands-on experimentation in herbalism, phytochemistry, and natural-health traditions, including coursework at **Farida Sharan's School of Natural Medicine** *(coursework only; he does not hold a clinical degree or medical license and operates strictly as a product formulator)*.

- **Extraction & Alkaloid Study:** Hands-on study of aqueous and hydro-ethanolic extraction, alkaloid-bearing botanicals, fulvic/humic mineral resins, fungal polysaccharides, and stability across heat and moisture conditions.
- **Ingredient Synergy Over Megadosing:** Pairing primary botanicals with functional co-factors—such as combining **500 mg Himalayan shilajit extract** (sourced from Nepal's Dolpa District) with **200 mg *Mentha piperita*** and **50 mg camu camu** per 2-tablet serving in *Meru* (50 tablets / 25,000 mg total complex per compact).
- **Portfolio Across Six Formats:** Pectin gummies, compressed tablets, capsules, beverage powders, raw cold-pressed juices, and pocket sprays.

## Confectionery Masking & Low-Dose Calibration

High botanical loads routinely break pectin gelation or leave a harsh mineral aftertaste, pushing brands toward either trivial active amounts or heavy sugar coatings.

- **Bitterness Balancing in *Deva* ($60):** Housing 30,000 mg of Himalayan shilajit across 60 pectin gummies required pairing warm Madagascar Vanilla Spice with tart organic amla and pomegranate powders to round shilajit's smoky-earthy profile cleanly.
- **Restrained 0.35 mg Melatonin in *Hush* ($40):** Where mass-market sleep gummies frequently use 3 mg to 10 mg of melatonin, *Hush* uses **0.35 mg melatonin per gummy** alongside L-theanine, chamomile, passionflower, lemon balm, tart cherry, and magnesium.
- **Fruiting-Body Mushroom Pairing in *Eternity* ($50):** A 60-count botanical gummy pairing fruiting-body mushroom extracts (reishi, chaga, tremella, maitake, shiitake) with astragalus, he shou wu, resveratrol, and wild blueberry.



PLATE 07 · Open Meru gold compact with compressed Dolpa shilajit tablets on walnut (Sony A7R II).




PLATE 08 · Deva (30,000 mg shilajit / 60 gummies) in NFC-enabled Madagascar Vanilla pouch (Sony).




PLATE 09 · Eternity 9-botanical & mushroom longevity gummy barrier pouch (Sony).

DEEP DIVE 03 · FOUNDER-LED EXECUTION WITHOUT OUTSIDE CAPITAL OR W-2 HEADCOUNT

# Connecting Suppliers, Co-Packers, Storefronts & Software Solo

"Solopreneur" in Delgado's practice does not mean working without factories, co-packers, or specialist contractors—it means a single founder retaining 100% ownership and connecting formulation, industrial packaging, compliance coordination, and digital systems firsthand.

## Spring 2020: Laguna Citrus & Personal-Training Clients

In spring 2020 in Laguna Beach, Delgado started with a $100 household cold-press juicer and zero outside funding. Spotting residential Meyer lemon, orange, and grapefruit trees dropping unharvested fruit across neighborhood yards, he posted on **Nextdoor** offering to pick neighbors' surplus fruit for free so nothing went to waste.

He pressed and bottled fresh blends the same morning, walked Laguna blocks with printed flyers, and offered functional juices to his private personal-training clients. That simple lesson—that something studied firsthand could become immediately useful to another person—grew into **LifeForce Liquids Corp.** (~$7M in founder-reported cumulative DTC product sales across brands).

## Licensing, Co-Packers & Margin Discipline

- **Operational Groundwork:** Learned corporate structuring, dietary-supplement label compliance coordination, domestic GMP tablet/gummy production scheduling, and international freight clearance directly.
- **Product-First Economics:** Operating with zero venture dilution lets margin flow into $2.70 metal compacts and custom cylinders rather than agency retainers.

## AI-Assisted Software & Studio Workflows

AI-assisted software building is an extension of the same self-taught approach. Rather than treating AI as a marketing buzzword, Delgado learned enough engineering architecture to specify problems, evaluate code, and connect automated workflows directly to physical commerce:

- **Packaging Pre-Visualization & Dieline Iteration:** Rapidly testing 3D proportions, embossing relief, and label hierarchy before committing thousands of dollars to steel tooling in Dongguan.
- **Custom Storefront & Editorial Publishing:** Building and maintaining custom Shopify theme templates, structured technical specifications, and long-form botanical research guides on *hermeticasuperfoods.com*.
- **Customer Service & Supplier Operations:** Automating routine customer-support triage, inventory tracking across multi-month ocean-freight lead times, and purchase-order documentation so day-to-day overhead stays lean.
- **Transparent Provenance:** Separating genuine optical camera photography for press and product verification from clearly labeled AI-assisted creative pre-visualization.



PLATE 10 · Christian Gallo Delgado in Uluwatu natural daylight (Sony Alpha 1 II · frame DSC06884).




PLATE 11 · Blue Crush deep-sea marine collagen gummies barrier pouch (Sony).




PLATE 12 · Cozy Vanilla Spice Cream herbal chai ritual blend pouch (Sony).

DEEP DIVE 04 · NATURAL-HEALTH READING, CULTURAL ROOTS & INJURY ADAPTATION

# Coastal California Roots, Classical Literature & Ring Calisthenics

The physical and intellectual dimensions belong in the profile alongside the products: years of comparative philosophy and natural-health reading, formative teenage stretches in Brazil and Italy, and re-engineering daily strength training around a lasting wrist injury.

## Palisades, Laguna Beach & Years Abroad

Born in November 1994 and raised between **Pacific Palisades** and **Laguna Beach**, Delgado graduated from **Laguna Beach High School (Class of 2013)**. At age 18, he was profiled in the *Orange County Register* (**Sept. 11, 2013**, by Joanna Clay) after traveling to Buena Vista, Guatemala, with fellow Laguna volunteers to help build a community school insulated with inorganic "bottle bricks."

During his teenage years he also lived for roughly a year and a half in **Rio de Janeiro, Brazil**, and spent extended periods in **Italy**—experiences that shaped his appreciation for tactile craft, food culture, and objects made to be kept rather than discarded.

## Classical Literature & Natural-Health Study

His self-directed reading spans the *Bhagavad Gita*, the *Upanishads*, the *Dhammapada*, the *Ramayana*, the *Mahabharata*, Homer's *Odyssey*, sacred geometry, and classical natural-cure authors. Rather than treating philosophy as abstract ornament, he translates those references into tangible details—like the *Brihadaranyaka Upanishad* inscription etched inside every *Meru* mirror.

## Calisthenics, Wrist Trauma & Adaptation

Movement and coaching are lived chapters of Delgado's background, not visual props. Having worked as a private personal trainer and built an intensive daily bodyweight practice centered on pull-ups, muscle-ups, dips, and heavy-bag work, he suffered a serious **motorcycle wrist injury** that made conventional fixed-barbell lifting painful.

- **Neutral-Grip Wooden Rings:** Forced to rethink how he loaded his upper body, he rebuilt his training around **freely rotating wooden gymnastic rings** and leverage progressions that allow the wrist, elbow, and shoulder to rotate naturally under tension.
- **Recovery & Practical Restraint:** Adapting around a lasting physical constraint reinforced the same philosophy behind Hermetica's formulations: sustainable daily inputs, connective-tissue support, and non-groggy sleep recovery over short-term extremes.
- **Long-Form Documentary Essays:** Currently developing 20–30 minute craft-focused YouTube episodes examining real physical prototypes, factory samples, and formulation trade-offs on camera.



PLATE 13 · Standing natural-light portrait in white tee (Sony Alpha 1 II · frame DSC06881).




PLATE 14 · Two-photo Sony A7R II studio diptych: closed medallion & interior Upanishad mirror.




PLATE 15 · Two-image comparison layout: Feb. 2026 launch pouch vs. June 2026 gold compact.

LONG-FORM EDITORIAL BIO & SOURCE SCOPE

# 350-Word Feature Bio & Primary-Record Specification Table

### 350-WORD FEATURE BIO (MAGAZINE PROFILES · DEEP-DIVE INTERVIEWS · DESIGN & BUSINESS FEATURES)

Christian Gallo Delgado (born November 1994) is a Southern California structural packaging designer, self-taught botanical formulator, and founder of Hermetica Superfoods (LifeForce Liquids Corp.). Raised between Pacific Palisades and Laguna Beach with formative teenage stretches in Rio de Janeiro and Italy, Delgado graduated from Laguna Beach High School in 2013 (featured that September in The Orange County Register for volunteering to build a bottle-brick school in Buena Vista, Guatemala).

In spring 2020, he started his consumer product career from a Laguna Beach kitchen with a $100 cold-press juicer—answering Nextdoor posts from neighbors with surplus backyard citrus, walking local blocks with flyers, and pairing fresh juices with private personal-training sessions. Over the next six years, LifeForce Liquids Corp. generated roughly $7 million in founder-reported cumulative direct-to-consumer product sales across brands with zero outside investors and zero full-time employees, working alongside domestic GMP co-packers, specialist contractors, and overseas factory engineers.

Drawing on seven to ten years of independent study in herbalism, botanical extraction, alkaloid-bearing plants, and bitterness masking—including coursework at Farida Sharan's School of Natural Medicine—Delgado launched Hermetica Superfoods in 2026 to pair restrained botanical formulas with collectible industrial hardware. After initially releasing Meru Himalayan shilajit tablets in a flexible stand-up pouch in February 2026, he spent four months working directly with Dongguan Sunecho Metal Manufacture Co., Ltd. to re-house the 50-tablet formula inside a $2.70 gold-plated magnetic pocket compact with an Upanishad-etched mirror across 15,000 units. Across Hermetica's six-SKU lineup—including Hush (0.35 mg melatonin in 65,200 rigid nightstand cylinders), Deva, Eternity, Blue Crush, and Cozy—and his daily injury-adapted practice on wooden gymnastic rings, Delgado focuses on how self-education becomes durable physical craft.

### PRIMARY-RECORD FACT-CHECKER SPECIFICATION LEDGER

| | |
|---|---|
| FOUNDER & ROOTS | **Christian Gallo Delgado** (age 31; b. Nov. 1994). Raised in Pacific Palisades & Laguna Beach, CA (*Laguna Beach High School*, Class of 2013); lived ~1.5 teenage years in Rio de Janeiro, Brazil, plus extended time in Italy. |
| CORPORATE ENTITY & SALES | **LifeForce Liquids Corp.** (California corporation, 100% founder-owned). Founder-reported cumulative product sales across brands since spring 2020 launch: **~$7 million**. **Hermetica Superfoods** (launched 2026) is the active flagship brand. |
| CAPITAL & OPERATING MODEL | **$0 outside equity or venture debt; 0 full-time W-2 employees.** Founder-led studio coordinating domestic GMP co-packers, direct overseas packaging manufacturers, specialist contractors, and AI-assisted software workflows. |
| PACKAGING PURCHASE LEDGER | **$320,458 in combined direct packaging & component purchases across 21 factory orders (July 2024 – Oct. 2026)** across LifeForce Liquids Corp., including **~$107,000** for Hermetica Superfoods custom runs in 2026 across 6 substrates. Redacted POs available. |
| MERU COMPACT & FORMULA | **Dongguan Sunecho Metal Manufacture Co., Ltd.** Gold-plated embossed metal compact, friction hinge, **dual recessed NdFeB magnets**, interior mirror etched with *Brihadaranyaka Upanishad* 4.4.5. Factory MOQ: 2,500; produced: **15,000 units** (3 × 5,000 runs) at **$2.70/compact** ($13,500/run). Base label spec: **50 tablets (25,000 mg complex)** · **500 mg Dolpa shilajit extract + 200 mg Mentha piperita + 50 mg camu camu** per 2-tablet serving ($55 retail). |
| HUSH & DEVA SPECS | **Hush ($40): 0.35 mg melatonin** per gummy + L-theanine, chamomile, passionflower, lemon balm, tart cherry & magnesium; **65,200** rigid cylinders + 68,800 inner mylars (~$0.59 avg cylinder; includes $4,530 base label reprint). **Deva ($60):** 60 pectin gummies / **30,000 mg total shilajit** per NFC barrier pouch with Madagascar Vanilla Spice, organic amla & pomegranate. |
| CREDENTIALS & CLAIMS SCOPE | Self-taught botanical formulator & packaging designer (7–10 years independent study, including coursework at Farida Sharan's School of Natural Medicine — no completed program). Non-clinical founder; never cite as a licensed physician, RD, or naturopathic doctor. |
| ARCHIVAL PRESS & PHOTO PROVENANCE | Archival press: *Orange County Register* (**Sept. 11, 2013**, by Joanna Clay — Buena Vista Guatemala school feature); *From The Source Podcast*. Plates 01, 10 & 13 are Lightroom-processed exports from Sony Alpha 1 II captures by Kevin (Oct. 5, 2026, Uluwatu — courtesy of Christian Gallo Delgado / Hermetica Superfoods); Plates 02–09, 11–12 are Sony studio product photographs; Plates 04, 14 & 15 are labeled two-image comparison/diptych layouts. Zero AI-generated images appear in this dossier. |